



GRANITE TRACK & FIELD

For Boys & Girls ages 7 & 8



Track & field has been a fixture here in Exeter for 30 years to promote youth physical fitness and provide fun learning experiences for children 7 & 8. Hershey is no longer sponsoring the program but Loco Sports and the NH Recreation and Parks Association have taken it over. Youth track & field is a great way to get kids started in a physical fitness program. Join us as we help kids discover their potential, make new friends, and gain newfound self-confidence. Every child is a winner with track & field games!

We will be using PEA track in Exeter off Court Street. YOU MUST COMPLETE AND RETURN THE FORM(S), A COPY OF YOUR BIRTH CERTIFICATE, AND REGISTRATION FEE TO THE EXETER PARKS & RECREATION DEPARTMENT OFFICE PRIOR TO THE FIRST PRACTICE YOU ATTEND.

Registrants are required to attend as many practices as possible! If you cannot attend a practice, **you must call the coach**

***New – Early Bird Discount – register before the deadline and receive a \$10.00 discount.**

Activity	Age (as of Dec. 31, 2015)	Fee	Fee after 4/24	Class Code
Girls	7-8	\$50.00	\$60.00	221300-4B
Boys	7-8	\$50.00	\$60.00	221300-4A

Deadline: The deadline to register for this program is **Friday, April 24th, 2015**. Please make check payable to E.P.R.D Visa and MasterCard accepted. Sorry no refunds unless the program is cancelled. There will be a \$20.00 fee charged for each returned check.

Location: Phillips Exeter Academy's Track, Court St, Exeter, NH 03833

PRACTICES BEGIN MAY 4th – JULY 9TH, 2015

MONDAY & THURSDAY EVENINGS

6:30PM SHARP – 7:30PM

***COACH MAY HAVE PARTICIPANTS ARRIVE PRIOR TO MEET TIMES FOR WARM-UPS**

PARTICIPANTS IN THE 7/8 AGE GROUP PARTICIPATE IN THE TOWN MEET ONLY – THERE IS NOT AN OFFICIAL 7/8 YR OLD GROUP FOR GRANITE TRACK & FIELD

• **NOTE: ANY SCHEDULE UPDATES/CHANGES WILL BE SENT VIA E-MAIL, PLEASE CONFIRM YOUR E-MAIL ADDRESS ON FILE.**

• RULES

1. The only restriction for participation is age – participants must be between 7 and 8 years old as of December 31st of the current year.
2. Competitors will determine which age groups to enter by calculating their age as of December 31st, 2015.
3. Contestants will compete only within the same sex divisions. Males will compete with males; females compete with females.
4. For the Official Hershey's Track & Field 2015 Rule Book please refer to www.hersheystackandfield.com

EVENT(S) YOU CAN COMPETE IN: MAXIMUM OF 2 EVENTS PER PERSON!

BOYS

Ages 7 – 8 (Born in 2007-2008)

1. 50 Meter Dash
2. 100 Meter Dash
3. 200 Meter Dash
4. 400 Meter Dash
5. Standing Long Jump
6. Softball Throw

GIRLS

Ages 7 – 8 (Born in 2007- 2008)

1. 50 Meter Dash (54 yds. 24.5 in.)
2. 100 Meter Dash (109 yds. 13 in.)
3. 200 Meter Dash (218 yds. 26 in.)
4. 400 Meter Dash (437 yds. 16 in.)
5. Standing Long Jump
6. Softball Throw

EXETER PARKS & RECREATION DEPARTMENT

32 Court Street, Exeter, NH 03833

Phone: 773-6151 Fax: 773-6152

Website: <http://town.exeter.nh.us/rec>

Business Hours: Monday – Friday, 8:15am - 4:15pm